



TIMEPIECES

# WRIST SIZING GUIDE

*How do you measure the size of your wrist?*

*This guide will help you do just that*

- **First, print this document on a piece of A4-sized paper.**
- **Cut along the dotted line, then place the cut out on your wrist.**
- **Finally wrap the guide around your wrist and note the measurement reading.**
- **The guide should fit snugly around your wrist. If your skin begins to bulge, it is wrapped too tightly. Loosen it slightly and try again.**

